

THE ABAK[®] BOTTLE A PRESERVATIVE-FREE SYSTEM

For long-lasting solution sterility



Preservative-Free
Phosphate-Free

1. Contains 300 sterile drops (10 mL bottle)
2. Ergonomic bottle made of low-density additive-free polyethylene
3. Locking system with anti-tampering ring
4. Neutral microporous pad
5. Bifunctional membrane for protection against microorganisms
6. Rounded protective tip
7. Calibrated to deliver a single preservative-free drop (30 µL/drop)

HYABAK[®]

Hyabak[®] is a preservative-free solution containing 0.15% sodium **hyaluronate** for long lasting relief of eye discomfort and dry feeling eyes.

Indicated for: treatment of mild to moderate dry eye symptoms

- Preservative-free
- Phosphate-free
- Hypotonic to restore the natural tear film
- Well tolerated
- Suitable for daily use and chronic treatment
- Safe to use with contact lenses
- Easy to use **ABAK[®]** bottle
- Efficient and precise single drop applications
- 300 drops per bottle
- Safe to use for up to **3 months** after opening



THEALOZ®

Thealoz® is a preservative-free solution designed to protect your eyes with **trehalose**.

Indicated for: treatment of moderate to severe dry eye symptoms

- Preservative-free
- Phosphate-free
- pH neutral and well-tolerated
- Suitable for daily use and chronic treatment
- Safe to use with contact lenses
- Easy to use ABAK® bottle
- Efficient and precise single drop applications
- 300 drops per bottle
- Safe to use for up to 2 months after opening



WHAT'S SO IMPORTANT ABOUT PRESERVATIVE-FREE?

Preserved eye drops have been found to cause eye irritation, inflammation, and damage to your ocular surface, leading to dry eye.^{5,6} Using preservative-free drops can help maintain the health of your eyes.⁷

Ask your doctor about preservative-free drops to help relieve you of your dry eye symptoms.

Labtician Théa

Is a leader in **preservative-free** management of dry eye disease with a range of products to provide long-lasting dry eye relief.



HOW CAN YOU MANAGE DRY EYE?⁴

- Take time to rest your eyes and blink normally when watching TV or using a computer
- Adjust the brightness of your computer or TV screen
- Reduce your time spent across all electronic devices (smartphones, tablets, TV, computers)
- Limit your exposure to climate-controlled environments (e.g. air conditioned) and use a humidifier when possible
- Protect your eyes by wearing sunglasses with UV filters on sunny or windy days, all year long
- Drink enough water to stay hydrated
- Reduce or eliminate consumption of alcohol and smoking
- Consider taking omega-3 nutritional supplements
- Clean your eyelids daily with eye-safe products
- Use preservative-free eye drops to help keep your eyes hydrated

TREHALOSE: NATURAL TEAR RESTORATION

Trehalose is a naturally occurring sugar found in many plants, such as the Rose of Jericho. Its unique properties enable survival in conditions of: extreme dehydration, freezing, and UV radiation damage.^{5,8}

Trehalose clinically proven:⁵

- Protect eye cells from drying out
- Reduction of eye inflammation
- Restoration of tear film



Dried



2 hours after being
given water



24 hours after being
given water

THEALOZ® DUO

Provides long-lasting, preservative-free relief from dry eye symptoms with **hyaluronate** and **trehalose**.

Indicated for: treatment of moderate to severe dry eye symptoms

- **Two** proven therapies in one bottle
 - **Trehalose**, a natural bioprotectant
 - **Sodium hyaluronate**, a gentle lubricating solution
- Preservative-free
- Hypotonic and pH neutral
- Phosphate-free
- Safe to use with contact lenses
- Easy to use ABAK® bottle
- Efficient and precise single drop applications
- 300 drops per bottle
- A single dose provides immediate relief that lasts 4 hours
- Safe to use for up to 3 months after opening



Thealoz® Duo's easy-to-apply ABAK® bottle contains 300 single doses, which remains sterile and can be used for up to 3 months after opening.

WHAT CAUSES DRY EYE?

Dry eye can be caused by a variety of factors:^{2,3}

- Aging
- Medication use*
- Laser correction or cataract surgery
- Exposure to air pollution
- Hormonal changes
- Contact lens wear
- Frequent computer use
- Exposure to air conditioned/heated environments
- Autoimmune and chronic diseases

Did you know?

Up to 29% of Canadians may be suffering from dry eye disease⁴

The only way to know for sure is to visit your eye care professional for a comprehensive diagnosis.

*If you suspect that you have dry eye, do not change any of your prescribed medications without first discussing with your eye care professional.

WHAT IS DRY EYE?

Dry eye occurs when you produce fewer or poor-quality tears and are unable to maintain normal eye lubrication for the surface of your eyes.^{1,2}

What signs or symptoms should I look for?

- Dryness
- Burning, stinging, or itchiness in or around your eye
- Sandy or gritty feeling, as if something was caught in your eye
- Blurred vision
- Tired sensation of your eyes
- Red eyes
- Watery eyes or excessive tearing
- Eye sensitivity to light
- Discomfort with contact lens wear
- Eye irritation from wind, smoke, pollution, heat, or air conditioning

If you are regularly experiencing any of these symptoms, it could be because of dry eye disease.

That's why it's so important to talk to your eye care professional about your eye health.

Thealoz® **HYABAK®**
HYALURONIC SODIUM HYALURONATE 0.15%

FOR PATIENTS WITH DRY EYES
THEALOZ DUO
TREHALOSE 3% | HYALURONIC ACID 0.15%

Directions for use:



- ① Wash your hands with soap before use



- ② While gently pulling the lower lid downwards and looking up, add one drop in the lower conjunctiva sac (the space between the eye and eyelid)



- ③ Avoid touching the eyes or eyelids with the tip of the ABAK® bottle, especially when you think you may have an eye infection



- ④ Apply 1 drop in each eye, 4 to 6 times daily



- ⑤ Be sure to dab (not wipe) any excess from your eye with a soft tissue



- ⑥ Replace the cap after use

Always read the label and the patient information leaflet accompanying your Hyabak®, Thealoz®, or Thealoz® Duo bottle

YOUR GUIDE TO UNDERSTANDING

DRY EYE

— AND HOW TO MANAGE IT —

References:

1. Craig JP et al. TFOS DEWS II Definition and Classification Report. *Ocul Surf.* 2017 Jul;15(3):276-283. doi: 10.1016/j.jtos.2017.05.008. Epub 2017 Jul 20.
2. National Eye Institute. Facts About Dry Eye. Last updated July 2017. Available at: <https://nei.nih.gov/health/dryeye/dryeye>.
3. Javadi M-A and Feizi S. Dry Eye Syndrome. *J Ophthalmic Vis Res.* 2011;6(3): 192-198.
4. Canadian Association of Optometrists. CJO Supplement – Dry Eye Disease Guidelines. *CJO.* 2014; 1(Special Supplement).
5. Jones L, et al. TFOS DEWS II Management and Therapy Report
6. Baudouin C et al. Preservatives in eyedrops: the good, the bad and the ugly. *Prog Retin Eye Res.* 2010 Jul;29(4):312-34
7. Freeman DP and Kahook MY. Preservatives in Topical Ophthalmic Medications: Historical and Clinical Perspectives. *Expert Rev Ophthalmol.* 2009;4(1):59-64.
8. Teramoto N et al. Trehalose and trehalose-based polymers for environmentally benign, biocompatible and bioactive materials. *Molecules.* 2008;13(8):1773-816.

Ask your eye care professional about preservative-free dry eye relief. For more information on Dry Eye treatment, visit www.LabTicianThea.com

